



CONSEIL DE GESTION DU BASSIN-VERSANT DE LA
RIVIÈRE RESTIGOUCHE INC.



RESTIGOUCHE RIVER
WATERSHED MANAGEMENT COUNCIL INC.

Equipment list for canoeing trip

Don't forget your reusable bags provided by the RRWMC for garbage and recycling !

Canoeing equipment			
	Canoe		Emergency float line
	Paddles		Extra paddle
	Personal floatation device		Repair kit
	Bailer		Emergency signaling devices
Security equipment			
	Throw bag or float line		Matches – in a waterproof container
	Map		Knife
	Compass		Water
	Trip plan – left to a friend		General repair kit
	Food		Sunglasses / Sunscreen
	Headlamp / flashlight		First aid kit
Clothes			
	Sandals		Rainwear (jacket and pants)
	Wool socks		Short sleeve shirt
	Lightweight long sleeve shirt		Warm shirt and pants
	Swimsuit and shorts		Sun hat/rain hat/toque
	Quick-drying pants		Underwears
	Shoes or boots		
Camping			
	Backpack, barrils or dry bags		Stove and fuel
	Tent		Cooking and eating ustensils
	Sleeping pad		Toiletries (including toilet paper)
	Biodegradable soap		Candles
	Slipping bag		
Supplements			
	Binoculars		Deck of card
	Rope		Watch or alarm clock
	Camera and batteries		GPS
	Notebook and pencil		Change of clothes (at the take out point)
	Reusable bag (Garbage and recycling)		Prescriptions

Information : (506)759-7300 or (418) 865-1323

restigouche@globetrotter.net